

Archibald News

Archibald Primary School – “Believe and Achieve”

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“Believe and Achieve.” “Věř a Dosáhnout” “Uwierz i osiągnij” “Crede și atinge” “انجازوايمان” “相信与实现”

STARS of the WEEK

Congratulations to the following pupils who were awarded **Share your problems and celebrate your achievements Awards** in class assemblies last week.

Nursery – Ellison Tokarova
Class 1 – Charlie Connor
Class 2 – Reggie McCormick
Class 3 – Kian Smith
Class 4 – Delaney Wilson
Class 5 – Tabin Abdulrahman
Class 6 – Husna Ahmadi
Class 7 – Lidia Kuka
Class 8 – Cole Speight
Class 9 - Jan Moustafa
Class 10 – Jayden Wood
Class 11 - Lily-Mae Graham
Class 12 – Jenson Hatton
Class 13 – Andrei Grigore
Class 14 – Nathan West
Class 15 – Abdullatif Al-Falahi
Class 16 – Sam Bashford
Class 17 - Leon Smith
Class 18 – Sibū Redae
Class 19 – Heidi Seymour
Congratulations to all the stars!



THANK YOU



A **BIG THANK YOU** to everyone who donated to Middlesbrough Foodbank as part of our Comic Relief event last Friday. As ever, we had a tremendous amount of food donated which will be collected by the Middlesbrough Foodbank to help less fortunate families in the local area.



It was great to see so many children dressed up in clothes that make them feel happy!



If you are struggling and feel you would benefit from being able to access support from the Middlesbrough Foodbank, please contact the school in confidence and ask to speak with Mrs Walker or Miss Leadbitter.

Remote Learning will continue for pupils who are unable to attend school because they are shielding or because they have to isolate due to themselves or a close contact testing positive for COVID19.

Easter Holiday

School will close for the Easter Holiday on Friday 26th March and will reopen for the start of the summer term on Monday 12th April.



Archibald Primary School Safeguarding Leads: Mrs E Verheyen , Mrs S Walker, Mrs A Jefferies



Diary Dates

THIS WEEK

Friday 26th March

Remote Easter Assembly with Fr Glyn.

End of Term. School closes for the Easter Holiday.



COMING SOON

Monday 12th April

School reopens to pupils for the Summer Term 1. The usual staggered start (see below) and entry and exit arrangements will be in place.

Monday 3rd May

Bank Holiday – School Closed

Friday 28th May

End of Half Term. School closes for the Half Term Holiday.

Monday 7th June

School reopens to pupils for Summer Term 2.

Friday 16th July

End of Term – School closes for the Summer Holiday.

Monday 6th September

School reopens to pupils for Autumn Term 2021. Friday 3rd September is our first PD day of the school year. Children will not attend on this day.

Please be aware that as we are currently still in times of a worldwide pandemic it is very difficult to give confirmed dates of events too far in the future. Therefore, please be aware that these dates and times are provisional and are subject to change.

Focus on Reading

To help celebrate the end of term, we have some exciting virtual author visits booked in for Thursday 25th March.

At different times throughout the day, classes from EYFS to upper KS2 will be joining together with other schools throughout Middlesbrough and the wider North East region to virtually meet with writers, illustrators, storytellers, local authors and debut authors. We have been promised something for everyone!

This exciting event has been organised by Mrs Blyth our English Leader and Middlesbrough Reads, in collaboration with Drakes Bookshop, Stockton and the National Literacy Trust Connecting Stories project. Copies of many of the books featured in the broadcasts throughout the day will be available to read in school in class libraries and our school library.



COVID 19 IMPORTANT EASTER HOLIDAY ARRANGEMENTS



If your child presents with COVID-19 symptoms during the school holiday, please arrange for them to take a test and if the test is positive they must follow government guidelines and self isolate for ten days.

Please notify the school if your child tests positive. You can do this by email (archibald@mcschools.org.uk). We will then be able to notify any close contacts within your child's bubble in school. If your child is notified as a close contact, they must follow government guidance and self-isolate for 10 days. This is a legal requirement.

STAGGERED DROP OFF AND PICK UP TIMES

	Drop off	Pick up
PS(am)	8.40am	11.00am
PS(pm)	12 noon	2.20pm
Nursery(am)	8.30am	11.15am
Nursery(pm)	12.15pm	3.00pm
Reception	8.30am	2.30pm
Y1	8.35am	2.35pm
Y2	8.40am	2.40pm
Y3	8.55am	2.55pm
Y4	8.50am	3.00pm
Class 10	9.30am	2.00pm
Y5	8.50am	2.50pm
Y6	8.45am	3.00pm



COVID19 Testing

Undertaking regular, rapid coronavirus (COVID 19) testing helps reduce transmission of the virus. Parents and other adults in households with children at school or college, who do not have symptoms, can now access rapid coronavirus (COVID19) testing. This includes childcare and support bubbles.

Tests are fast, easy and free. There are different ways for a household, childcare of support bubble to collect their test to take at home, twice weekly.

Take a test at a rapid lateral flow test site

You can take a rapid lateral flow test at a local site. Testing at these sites is assisted, which means you will swab yourself under the supervision of a trained operator. You may need to book an appointment.

Collect test kits

You can collect 2 packs of home test kits at a local collection point. Each pack contains 7 tests. Anyone 18 or over can collect. Most collection points are open from 1.30pm to 7pm. You can check online if the location is open or busy before you go. You do not need to make an appointment.

Order home test kits online

If you are unable to go to a test site or collect test kits, you can order a home test kit online. Do not order online if you can get a test through other methods. This frees up home delivery for those who need it most.

The closest rapid lateral flow test sites where you can take a test for free or can collect a test to administer at home are:-

Newport Hub
Middlesbrough Sports Village
North Ormesby Community Hub.
For more information, please look online. Click [HERE](#)

School Holiday Wellbeing advice from CAMHS



31 DAYS OF MENTAL HEALTH!

- Eat lunch in the sun!
- Cook a healthy meal for yourself.
- Treat yourself.
- Drink only water today.
- Write a letter.
- Listen to your favourite album or podcast.
- Take a one hour walk.
- Switch off.
- Self care Sunday!
- Try meditation.
- Digital detox.
- FaceTime your family or friends.
- Have lunch with a friend.
- Read a book.
- Start a conversation.
- Say no to something.
- Take a nap.
- Send a hug to a friend.
- Unfollow negative accounts.
- Rest your eyes.
- Sleep in.
- Explore your suburb.
- Put down your phone.
- Share your story.
- Have a cup of tea in the sun.
- Buy a gift for a friend.
- Go to bed 30 minutes earlier.
- Spread some kindness.
- Compliment a stranger.
- Complete a mindfulness activity.
- Share your ideas.
- Complete a mindfulness activity.

THE STRESS RELIEF GIRAFFE

WHAT YOUR CHILD CAN DO:

- Calm breathing exercises
- Use visualisation mediation techniques
- Body tightening exercises (progressive muscle relaxation)
- Sigh to become fully present in the moment
- Practice music therapy
- Change location / surroundings
- Use a stress ball / fidget toy
- Give themselves a 10-second hug to boost their mood
- Colour, draw, write, craft, etc.
- Practice positive self-talk / words of affirmation
- Exercise
- Go outside
- Play
- Hydrate with water

