

Archibald Primary School - Remote Learning Year 1 - Autumn Term

As you are unable to attend school, please use the links below to access activities to support the learning that you would have been undertaking if you were able to attend school.

Your teacher will be in touch with you throughout each week on See Saw to see how you are getting along and to set you some individual challenges. Don't forget to share your work with your teacher on See Saw.

Week	Mathematics	English	Other Learning
1	<p>Mathematics Unit 1 - Place Value Within 10 Counting sets within 10 In this lesson, we will practice counting sets of things from the Big Picture, and representing these sets in a tens frame https://classroom.thenational.academy/lessons/counting-sets-within-10-c4w30t</p>	<p>Reading Read the following book 'Tiger's Family?' from the Oxford Owl e-book library. Click HERE to find the book. Read the book with an adult or older brother or sister and talk to them about what happens. Discuss the different feelings of the characters and why they feel the way that they do.</p> <p>Phonics Practice reading sounds from the sound chart every day. How many can you get right in order? What about reading them in a different order? Try to beat your record each day. Play Buried Treasure on Phonics Play: Click HERE Start with phase 2 and then move through the phases. You can play each day as the words will change. Try to beat your record! How many words can you write that start with the sound 'sh'?</p>	<p>Learning Context: Memory Box PSHE: Same or different? Talk about the physical and developmental differences between babies, toddlers, children and adults. Make a chart with four sections: 'Babies can...', 'Toddlers can...', 'Children can...' and 'Adults can...'. Talk sensitively about the human body and how a person changes as they grow from a baby to an elderly person. Children can compare themselves to babies, toddlers and adults regarding how they eat, sleep, move and play. Key questions (KQs): What can a baby do? What can a toddler do? What can an adult do? What can I do?</p>
2	<p>Representing numbers within 10 In this lesson, we will represent numbers to 10 in different ways, making different arrangements with our manipulatives https://classroom.thenational.academy/lessons/representing-numbers-within-10-71jkec</p> <p>Recognising number bonds to five and six In this lesson, we will work with our number</p>	<p>Reading Choose an e-book from the Oxford Owl e-book library by clicking HERE. Try to pick a book you can try to read yourself Read the book with an adult or older brother or sister and talk to them about what happens. Try to choose a new book each day and let your teacher know on See Saw what book you have chosen and what your favourite part was.</p>	<p>Science: Exploring senses KQ: What are the senses and how do we use them? In this lesson, you will learn about the five senses - touch, sight, smell, hearing and taste. https://www.bbc.co.uk/bitesize/topics/z9yycdm/articles/zxy987h Explore your senses by touching, smelling, listening to and tasting things such as toiletries, clothes, food and toys.</p>

	<p>bonds to five and six. https://classroom.thenational.academy/lessons/recognising-number-bonds-to-five-and-six-cmw3jt</p>	<p>(If the texts are too challenging try clicking on age 4-5 books)</p> <p>Phonics Recap on all sounds on the chart and the 'sh' sound from yesterday - can you think of words that have 'sh' at the end of them? e.g. wish, fish etc Practice the sound 'ng' on BBC Bitesize - click HERE What words have 'ng' at the end e.g. ring, sing, wing etc. Write a list putting the sound buttons underneath each grapheme. Try to add new words to your list each day</p>	<p>Science: Parts of the human body https://www.bbc.co.uk/bitesize/topics/z9yycdm/articles/zqhbr82 Star challenge: Can you name the part of the body we use for our senses?</p>
3	<p>Representing numbers within 10 In this lesson, we will represent numbers to 10 in different ways, making different arrangements with our manipulatives https://classroom.thenational.academy/lessons/representing-numbers-within-10-71jkec</p> <p>Recognising number bonds to five and six In this lesson, we will work with our number bonds to five and six. https://classroom.thenational.academy/lessons/recognising-number-bonds-to-five-and-six-cmw3jt</p>	<p>Reading Ask an adult to help you read the following book 'The Birthday Cake' from the Oxford Owl e-book library. To find the book click HERE. Discuss the story. What part did you like best? You may also like to try to read or share other books from the shelf. Use the link above.</p> <p>Phonics Recap on all sounds on the chart and reinforce the sounds 'th, sh, ng, ch' Play the game Pick A Picture on Phonics Play (Click HERE) - blending the sounds in the words and matching to the correct picture:</p>	<p>PSHE: Birthday Memories Talk about why birthdays are celebrated and how you feel when it is your special day. Describe a memory from a previous birthday, recalling the presents you received, if you had a party and what made it special.</p> <p>Design Technology: Celebration Cards Use various art and craft materials to make a celebration card for a special occasion. You could cut and stick to create a collage effect, choosing coloured card, papers and fabrics. Think about a happy message to write inside your card.</p>
4	<p>Recognising number bonds to seven and eight In this lesson, we will work with our number bonds to seven and eight https://classroom.thenational.academy/lessons/recognising-number-bonds-to-seven-and-eight-60r6cc</p> <p>Recognising number bonds to nine and ten In this lesson, we will work with our number</p>	<p>Reading Choose an e-book from the Oxford Owl e-book library by clicking HERE. Try to pick a book you can try to read yourself Read the book with an adult or older brother or sister and talk to them about what happens. Try to choose a new book each day and let your teacher know on See Saw which book you have chosen and what your favourite part was.</p>	<p>PSHE: Memory Games Play memory games such as Kim's game. Kim's game is a classic game for developing memory skills. Provide a range of everyday items on a tray, ask your child/children to close their eyes and then remove one item. After the item is removed, ask them to look carefully to spot what has been taken. Can they remember what was there and what has</p>

	<p>bonds to nine and ten, and looking at how to break these numbers up into more than just two parts.</p> <p>https://classroom.thenational.academy/lessons/recognising-number-bonds-to-nine-and-ten-c8v3ec</p>	<p>(If the texts are too challenging try clicking on age 4-5 books)</p> <p>Phonics</p> <p>Recap on all the sounds you know from the sound chart. Try to get quicker each day and practice in order and in a different order.</p> <p>Watch BBC Bitesize 'qu' clip - click HERE.</p> <p>Practice saying the sound 'qu'. How many words can you think of with the sound 'qu'?</p> <p>Star Challenge - can you think of a word that ends in the 'qu' sound?</p>	<p>been removed?</p> <p>Talk about how they try to remember all the things on the tray.</p> <p>Music: Songs that help us remember</p> <p>Sing songs and rhymes, such as I Can Sing a Rainbow, The Alphabet Song and Dem Bones that help us to remember different things.</p>
5	<p>Finding double of a number up to five</p> <p>In this lesson, we will learn how to double numbers up to five.</p> <p>https://classroom.thenational.academy/lessons/finding-double-of-a-number-up-to-five-70vkad</p> <p>Finding half of a number within 10</p> <p>In this lesson, we will find half of quantities within 10</p> <p>https://classroom.thenational.academy/lessons/finding-half-of-a-number-within-10-6gtkjc</p>	<p>Reading</p> <p>Choose an e-book from the Oxford Owl e-book library by clicking HERE. Try to pick a book you can try to read yourself</p> <p>Read the book with an adult or older brother or sister and talk to them about what happens.</p> <p>Try to choose a new book each day and let your teacher know on See Saw what book you have chosen and what your favourite part was.</p> <p>(If the texts are too challenging try clicking on age 4-5 books)</p> <p>Phonics</p> <p>Recap on sounds using the speed chart.</p> <p>Practice saying the 'nk' and 'ng' sounds. How are they different. Write a list of 5 words for each sound.</p> <p>Play Buried Treasure on Phonics Play: Click HERE</p> <p>Start with phase 2 and then move through the phases. You can play each day as the words will change. Try to beat your record!</p>	<p>History: Toys then and now</p> <p>https://www.bbc.co.uk/bitesize/clips/zcjmtrf</p> <p>Find out how children played at home during the early 1900s and try to notice what the biggest differences are with today's toys and games.</p> <p>KQs: What toys do you enjoy playing with at home? How are your toys different to the toys in the video?</p> <p>History: Transport through the ages</p> <p>Look at the videos of forms of transport through the ages. Talk about how transport has changed over time and use historical vocabulary associated with the passing of time.</p> <p>https://www.bbc.co.uk/bitesize/topics/zs9k7ty/resources/1</p> <p>Other useful links:</p> <p>Museum of transport - Greater Manchester Transport Society</p> <p>London Transport Museum</p>
6	<p>Finding one more and one less of a number within 10</p> <p>In this lesson, we will use manipulatives and a number line to support our understanding of one more, and one less than a given number within 10</p>	<p>Reading</p> <p>Read the following book 'Ant and the Baby' from the Oxford Owl e-book library. To find the book click HERE.</p> <p>Read the book with an adult or older brother or</p>	<p>Design Technology: Special memories box</p> <p>A memory box is a special place for you to keep important and treasured memories.</p> <p>Step 1: Decide how you will make your special memory box. You could use a shoebox and</p>

	<p>https://classroom.thenational.academy/lessons/finding-one-more-and-one-less-of-a-number-within-10-cn62r</p> <p>Comparing numbers within 10 In this lesson, we will count and represent sets. We will then compare two sets, deciding which has more and which has fewer</p> <p>https://classroom.thenational.academy/lessons/comparing-numbers-within-10-c8vp4d</p>	<p>sister and talk to them about what happens. Why was Ant upset?</p> <p>Phonics Recap on all the sounds you know from the sound chart. Try to get quicker each day and practice in order and in a different order.</p> <p>Recap on all previous sounds including 'nk' from last week. Can you think of 8 words that end in 'nk'? Play Buried Treasure on Phonics Play: Click HERE Start with phase 2 and then move through the phases. You can play each day as the words will change. Try to beat your record!</p>	<p>decorate it with lovely colours, papers and materials or perhaps a collage or decoupage of photos of you and your family!</p> <p>Step 2: Pad the box on the inside using coloured tissue, foam or bubble wrap to make sure things don't get broken. Maybe you could make some compartments for your objects?</p> <p>Step 3: Write messages on small cards to include in your box. Write about things you love and enjoy now so you can recall those things when you are older. You could start your messages with: I love..., I enjoy..., My best friend is..., My teacher is...</p> <p>Step 4: Include a list of special friends. Perhaps you have a photograph that you could write your names and the date on the back of so you can remember them clearly when you are older.</p>
7	<p>Mathematics Unit 2 - Addition and Subtraction Within 10 Combining sets (count all) In this lesson we will be combining sets, by counting all of the items in that set. We will practice writing addition equations</p> <p>https://classroom.thenational.academy/lessons/combining-sets-count-all-cru68d</p> <p>Combining sets (count on) In this lesson, we will continue to explore combining sets, by counting on from an amount. We will practice writing equations to express this.</p> <p>https://classroom.thenational.academy/lessons/combining-sets-count-on-74u32r</p>	<p>Reading Choose an e-book from the Oxford Owl e-book library by clicking HERE. Try to pick a book you can try to read yourself Read the book with an adult or older brother or sister and talk to them about what happens. Try to choose a new book each day and let your teacher know on See Saw what book you have chosen and what your favourite part was. (If the texts are too challenging try clicking on age 4-5 books)</p> <p>Phonics Recap on all the sounds you know from the sound chart. Try to get quicker each day and practice in order and in a different order. Recap on all previous sounds through playing the games on Phonics Play. Click HERE to try playing Buried Treasure, Dragon's Den or Picnic on Pluto. You could play a different game each day. Practice reading the tricky words - I, no, go, to,</p>	<p>Design Technology: Special memories box You can put in special things that belong to you, like an old toy, something you had as a baby, photographs, letters, drawings and other things that will remind you of precious and memorable times. What will you put in your special box?</p> <p>The most exciting part about putting together a memory box is sharing it with others! When you have finished, share your box and memories with someone from your family.</p> <p>Star Challenge: Write a shared message with your family member to include in the box.</p> <p>Keep your memory box in a safe place. Remember to add new items over time and to write about special days and family celebrations.</p>

		the Watch BBC Bitesize clip (click HERE) - can you join in with the words?	
8	<p><u>Linking addition equations to problem solving contexts</u> This lesson will explore how addition can be linked to problem solving contexts. We will be applying the previously learnt strategies to solve problems https://classroom.thenational.academy/lessons/linking-addition-equations-to-problem-solving-contexts-6rv66t</p> <p><u>Understanding commutativity</u> In this lesson, we will explore commutativity - the concept that parts in addition equations can be added together in any order https://classroom.thenational.academy/lessons/understanding-commutativity-c5gk8c</p>	<p>Reading Read the following book 'Family Poems' from the Oxford Owl e-book library. To find the book, click HERE. Read the book with an adult or older brother or sister and talk to them about the poems. Can you find the rhyming words? Which is your favourite poem and why?</p> <p>Phonics Recap on all the sounds you know from the sound chart. Try to get quicker each day and practice in order and in a different order. Recap on the tricky words - I, no, go, to, the. Play Picnic On Pluto on Phonics Play - blending the sounds to make words and sorting them into real and fake words. Click HERE</p>	<p><u>Art & Design: Family Portraits</u> Make sketches or paint family portraits from memory, imagination or observation using photographs as a starting point and talk about your ideas. Note: Use the web to find interesting and famous family portraits that will inspire the discussion and give you ideas for your family portrait.</p>
	Half Term Holiday	Half Term Holiday	Half Term Holiday
9	<p><u>Subtracting by partitioning</u> In this lesson, we will learn to subtract by partitioning a whole into parts. https://classroom.thenational.academy/lessons/subtracting-by-partitioning-crr3jr</p> <p><u>Counting back in ones to subtract</u> In this lesson, we will practice subtracting by counting back in ones. We will do this with the support of a number line. https://classroom.thenational.academy/lessons/counting-back-in-ones-to-subtract-6qu64r</p>	<p>Reading Choose an e-book from the Oxford Owl e-book library by clicking HERE. Try to pick a book you can try to read yourself Read the book with an adult or older brother or sister and talk to them about what happens. Try to choose a new book each day and let your teacher know on See Saw what book you have chosen and what your favourite part was. (If the texts are too challenging try clicking on age 4-5 books)</p> <p>Phonics Recap on all the sounds you know from the sound chart. Try to get quicker each day and practice in order and in a different order. Watch the BBC Bitesize clip recapping on the</p>	<p><u>Learning Context: Splendid Skies</u> <u>Geography: Weather Watcher</u> Identify the current season and observe the weather on a daily basis. KQs: Is this weather typical of the season? How is the weather the same or different to yesterday or the day before? Make simple weather symbols using card/paper, coloured pens and pencils and place them on a weather chart every day. You could also use the BBC Weather or Find a forecast - Met Office websites to explore on a daily basis.</p>

		<p>previous tricky words - I, no, go, to, the. Click HERE</p> <p>Can you use each of the tricky words in sentences? Write your sentences and photograph them. Send your sentences to your teacher on See Saw.</p>	
10	<p><u>Linking subtraction equations to problem solving contexts</u></p> <p>This lesson will explore how subtraction can be linked to problem solving contexts. We will be applying the previously learnt strategies to solve problems.</p> <p>https://classroom.thenational.academy/lessons/linking-subtraction-equations-to-problem-solving-contexts-cdjkqc</p> <p><u>Recognising the relationship between addition and subtraction</u></p> <p>This lesson will explore how addition and subtraction are linked, and how a part whole relationship can produce related facts</p> <p>https://classroom.thenational.academy/lessons/recognising-the-relationship-between-addition-and-subtraction-60tp4t</p>	<p>Reading</p> <p>Read the following book 'What's the weather like?' from the Oxford Owl e-book library. Click HERE</p> <p>Read the book with an adult or older brother or sister and talk to them about what happens. Discuss the different types of weather and what you like to do in them.</p> <p>Phonics</p> <p>Recap on all the sounds you know from the sound chart. Try to get quicker each day and practice in order and in a different order.</p> <p>Click HERE to go to ICT Games Forest Phonics, spell words using the 'ng' sound.</p>	<p>Science: Weather Reporter</p> <p>Use the information you found out about the weather last week to create a weather forecast. Speak clearly to explain what the weather is like and give advice, such as 'Wear warm clothes today because it is cold.'</p> <p>Film yourself and send it to your teachers on Seesaw.</p>
11	<p><u>Exploring problems involving addition and subtraction</u></p> <p>In this lesson, we will problem solve to complete missing number triangles! We will practice adding and subtracting to find the answers</p> <p>https://classroom.thenational.academy/lessons/exploring-problems-involving-addition-and-subtraction-6dh68c</p> <p><u>Exploring further problems involving addition and subtraction</u></p> <p>In this lesson, we will problem solve to uncover secret jumps! We will practice adding and subtracting to find the answers.</p>	<p>Reading</p> <p>Choose an e-book from the Oxford Owl e-book library by clicking HERE. Try to pick a book you can try to read yourself</p> <p>Read the book with an adult or older brother or sister and talk to them about what happens. Try to choose a new book each day and let your teacher know on See Saw what book you have chosen and what your favourite part was. (If the texts are too challenging try clicking on age 4-5 books)</p> <p>Phonics</p> <p>Recap on all the sounds you know from the sound</p>	<p>Science: Seasonal Suitcase</p> <p>Collect clothing items for different seasons. Take/collect photographs of yourself dressed for different types of weather, for example, on a summer holiday, a windy day or in the snow.</p> <p>KQ: Why do we need to wear particular clothes for particular seasons?</p> <p>Useful Link: BBC Bitesize - What are the seasons?</p> <p>Art & Design: Weather themed art</p> <p>Make paintings or drawings of the weather outside or imaginative weather scenarios.</p>

	<p>https://classroom.thenational.academy/lessons/exploring-further-problems-involving-addition-and-subtraction-6cv64d</p>	<p>chart. Try to get quicker each day and practice in order and in a different order. Click HERE to go to ICT Games Forest Phonics, spell words using the 'nk' sound.</p> <p>Writing Linking to Science activity; write a list of clothing items you need for each season e.g. Summer - hat, shorts... etc</p>	
12	<p>Mathematics Unit 3 - Shape and Pattern To recognise, name and describe 3D shapes In this lesson you will learn the vocabulary of the properties of shapes and use that language to describe 3D shapes. https://classroom.thenational.academy/lessons/to-recognise-name-and-describe-3d-shapes-cnjkcd</p> <p>To describe and classify 3D shapes In this lesson you will continue to learn how to describe the properties of shapes and how to sort them (classify them) into groups based on their properties. https://classroom.thenational.academy/lessons/to-describe-and-classify-3d-shapes-70u3cc</p>	<p>Reading Ask an adult to help you read the following book 'Up In the Air' from the Oxford Owl e-book library. Click HERE to find the book. Look at the pictures carefully. Can you point to what the information in the captions and labels are describing?</p> <p>Phonics Recap on all the sounds you know from the sound chart. Try to get quicker each day and practice in order and in a different order.</p> <p>Writing Watch videos of everyday and extreme weather in the UK and identify which season you think it might be. Discuss the consequences of different types of weather and recall your experiences of them. Draw a picture and write a sentence or two about a specific type of weather. Useful links: - 2012 - A year of extreme weather - BBC News - Severe weather: UK buffeted by blizzards - BBC News</p>	<p>Science: Playing in the wind Play outside on a windy day and feel the wind blow on your face. Shout, fly kites, blow windmills or hold coats, carrier bags or cotton sheets above your head to feel the force of the wind. Star Challenge Chalk compasses on the floor with the correct directions. Star Challenge Learn how to use an anemometer to measure the speed of the wind. Useful link: How to Make an Anemometer - wikiHow</p> <p>KQs: Where does the wind come from? Where does the wind go? Can the children feel which direction the wind is coming from or going to?</p>
13	<p>To identify 2D shapes In this lesson you will identify and name 2-D shapes, recognise shapes in different orientations and identify key properties of 2D</p>	<p>Reading Read the following book 'Clothes for Rainy' from the Oxford Owl e-book library. Click HERE to find the book.</p>	<p>Science: Playing in the rain Play in the rain, finding puddles of different shapes and sizes. Make a simple rain gauge and write down the amount of rain collected each</p>

	<p>shapes https://classroom.thenational.academy/lessons/to-identify-2d-shapes-c9gkjd</p> <p>To describe and classify 2D shapes In this lesson you will describe 2-D shapes using mathematical vocabulary and then classify them into two groups. https://classroom.thenational.academy/lessons/to-describe-and-classify-2d-shapes-64ukjd</p>	<p>Read the book with an adult or older brother or sister and talk to them about the information. Discuss the types of clothing worn. What do you think is the most important item of clothing?</p> <p>Phonics Recap on all the sounds you know from the sound chart. Try to get quicker each day and practice in order and in a different order. Play the Match Cards game on Phonics Bloom to sound out the words and match to the correct picture. Click HERE to access the game.</p>	<p>day. Check the rain gauge every day at the same time. Measure the rain collected, emptying the gauge ready to take the next day's measurements. Useful link: - How To... build a rain gauge - YouTube</p>
<p>14</p>	<p>To recognise and create repeating patterns In this lesson you will explore and create shape and colour patterns. You will then be able to describe and continue patterns using 2-D shapes. https://classroom.thenational.academy/lessons/to-recognise-and-create-repeating-patterns-6rtpac</p> <p>To recognise and describe repeating patterns In this lesson you will recognise and create shape patterns using 2-D shapes. You will continue patterns, identify missing shapes in patterns and describe them https://classroom.thenational.academy/lessons/to-recognise-and-describe-repeating-patterns-6hjk4c</p>	<p>Reading Choose an e-book from the Oxford Owl e-book library by clicking HERE. Try to pick a book you can try to read yourself Read the book with an adult or older brother or sister and talk to them about what happens. Try to choose a new book each day and let your teacher know on See Saw what book you have chosen and what your favourite part was. (If the texts are too challenging try clicking on age 4-5 books)</p> <p>Phonics Recap on all the sounds you know from the sound chart. Try to get quicker each day and practice in order and in a different order. Play the Fishy Phonics game on Phonics Bloom reading the sounds and match to the correct picture. Click HERE to get to the game.</p>	<p>Music and Art & Design: Rainy day poems Read, learn and join in with rhymes, poems and songs on the theme of rain. Make a simple rain stick using cardboard tubes and fillers such as dried peas, rice or pasta. Decorate the rain sticks using paint, ribbon or by wrapping in coloured papers. Play the rain sticks, exploring volume and intensity.</p> <p>Useful links: Let's create! How to make a rain stick</p>
<p>15</p>	<p>To use the language of position In this lesson you will learn the language of position and then use this language to solve position problems https://classroom.thenational.academy/lessons/to-use-the-language-of-position-60u32t</p> <p>To use the language of position, direction and</p>	<p>Reading Read the following book 'Dad Can You Do This?' from the Oxford Owl e-book library. To find the book, click HERE. What are you good at that you can teach a family member or friend? Can you make shadows in the sun or with a torch for a friend to copy? Take a photograph and share with your teacher on See</p>	<p>Science: Shadow Play Make shadows using a range of objects indoors and outdoors. Place a toy on paper or card in a sunny spot. Draw around your toy's shadow at different times of the day. Label the time on each drawing. Investigate and record what happens to the shape, position and size of the shadow over time.</p>

	<p>movement (Part 1) In this lesson you will practise giving and following directions using the language of direction https://classroom.thenational.academy/lessons/to-use-the-language-of-position-direction-and-movement-part-1-6grkqe</p>	<p>Saw.</p> <p>Phonics Recap on all previous sounds using sound chart. Play Odd and Bob on Phonics Bloom - Click HERE. Blend the sounds to make words and sorting them into real and fake words.</p>	<p>Star challenge When measuring shadows outside, think of fair ways of marking shadow size and shape, such as using the same place, object, unit of measurement or time intervals.</p>
<p>16</p>	<p>To use the language of position, direction and movement (Part 2) In this lesson you will practise following directional instructions on a grid and create algorithms for direction. https://classroom.thenational.academy/lessons/to-use-the-language-of-position-direction-and-movement-part-2-75j3ec</p> <p>To consolidate learning In this lesson you will practise using and applying the important mathematical vocabulary that you have used throughout this unit https://classroom.thenational.academy/lessons/to-consolidate-learning-6tgk8r</p>	<p>Reading Read the following book 'The Snowman' from the Oxford Owl e-book library. To find the book click HERE. Read the book with an adult or older brother or sister and talk to them about what happens. Do you like to play in the snow? What clothing do the characters wear? Are they suitable to build a snowman?</p> <p>Phonics Recap on all the sounds you know from the sound chart. Try to get quicker each day and practice in order and in a different order. Recap on all the tricky words - I, no, go, to, the. Play Dragons Den game on Phonics Play blending the sounds to make words and sorting them into real and fake words. Click HERE to play the game.</p>	<p>Geography: Locating the poles Explore images of Antarctica and Africa and identify their locations on a world map. Find clues in the images to identify what type of climate each place has, such as looking at evidence of the types of weather, plants and animals.</p> <p>Star challenge Describe how the two places are similar or different and make a list to identify the features of each.</p> <p>Useful links: BBC Bitesize - Let's explore Nigeria BBC Bitesize - Let's explore Antarctica</p>